

# DYNOSWIM MASTERS - REGISTRATION

## GENERAL INFORMATION

Last Name:									
First Name:									
Middle Initial:									
Address 1:									
Address 2:									
City:									
State:									
Age:									
Date of birth:									
Sex: M F (circle one)									

Home phone:									
Work phone:									
Cell phone:									

area code - 3 digit no - 4 digit no

Email address:

## EMERGENCY CONTACT INFORMATION

Full Name:

Address:

Phone number:

## MISSION STATEMENT AND GOALS\*

Dynoswim as an organization, is doing its part to spread the sport of swimming and we welcome swimmers of all ages\* and abilities. We believe that swimming is a tool best used to achieve our own individual and collective goals, even those goals set outside of the pool. Each Dynoswim member is encouraged to take an active interest in each swimmer's purpose for training.

Dynoswim also recognizes that goal setting is not only an important aspect of the sport of swimming but also a vital and important part of a fuller, healthier, productive, positive, and satisfying life. We expect that healthy members will participate in at least 5 practices per month.

Dynoswim workouts are typically geared toward the competitive swimmer; however anyone with a strong desire to swim, regardless of their ability, will benefit and persevere. Common goals to all include camaraderie, and the love for swimming.

\*with some conditions for those under 19 years of age

**FEEES**

**Annual**

USMS Individual Registration:  
LMSC Local Registration:

\$20.00 Payable to "USMS"

\$8.00 Payable to "Florida L.M.S.C."

**Pool/Team Fees**

*April through October:*

Frieda Zamba Pool

Pool/Coaches Fees

*November through March:*

Belle Terre Swim and Racquet Club

Pool/Coaches Fees

\$1.00 per practice  
N/A at this time

Approx. \$26.00/Month  
N/A at this time

**WAIVER**

Currently there are no monthly coaches or pool fees; however, this may change in the future. We are currently swimming at Frieda Zamba who has graciously made an agreement to charge \$1 per practice. In the past, Frieda Zamba has been open from April through October or early November and closed in the winter. However, the city is considering installing a heater and remaining open year round. At this point, we are planning to swim at Belle Terre; however, we will keep abreast of the heater plans for Frieda Zamba.

Dynoswim advises that swimming is strenuous physical activity. A physical examination by a licensed physician is recommended before beginning any exercise program. Dynoswim is not responsible for any injury that occurs while performing any workouts provided either as a team or individually. Members understand that workouts may consist of pool time, open water, and dry-land exercises.

This agreement includes the use of Dynoswim's workouts database. In consideration for using any Dynoswim workouts in any manner, including downloading, printing, or copying by any means, the user agrees to hold Dynoswim its affiliates, employees, and consultants harmless from any liability for any injury sustained while performing any such workout.

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Printed Name

Signature

Date